

# Quick Reference Guide (QRG)

## ARC – Aggression Risk Checklist and Prevention Approach

This QRG is designed to show you how to:

- Assess the Risk using the Aggression Risk Checklist (ARC)
- Rate the Aggression Risk Score
- Select the ARC Prevention Approach Activities
- Review the ARC and Prevention Approach in Iview
- Review the ARC Management Matrix in iView
- Document Involvement of Patient in Behaviour Support Plan
- Communication of ARC Score and Clinical Handover

### Assess the Risk

1. Complete the Aggression Risk Checklist as a mandatory requirement on all patients as part of the ED Assessment Adult (or Paed)

**NOTE:** The ARC score is viewed as a “vital sign” and is performed:

- On Initial Assessment in the ED Assessment Adult (Paed), then ongoing in iView
- Every shift change
- Every 1 hour if score is 1 or higher
- 4hrly ARC activity drops in nursing Activities

2. An **Aggression Risk Score (ARC)** will be generated on completion of the Assessment and the Level of Risk determined.

EMR adds up the **ARC** and it is displayed like a “Vital Sign” numeric 0 – 6.

### Rate the Aggression Risk

3. The **ARC score** is rated for you on the EMR  
0 = Low Risk, 1-3 = Moderate Risk, 4-5 = High Risk, 6+ = Very High Risk

## ARC Prevention Approach

Select the **ARC Prevention Approach** Activities as appropriate to mitigate escalation of Aggression risk.

Activities are suggested for you within the **ARC level** assessed, within the current power form.

4. Scroll down to view all activities.

5. Check the boxes as required

6. Complete the ED Assessment Adult (or Paed) as per usual practice

7. **Tick** to Save

## ARC Checklist and Prevention Approach in iView

Locate the **ED Risk Assessments Navigator Band** in iView. The ARC information from the ED Assessment Adult (or Paed) is found here

Hover over the **ARC Prevention Approach** Cell to view the Activities documented

## ARC Matrix in iView

The **ARC Management Matrix** is found in **iView** within the **ED Risk Assessments Navigator Band**.

8. Select **Reference Text** to view Management Matrix



### ARC score also displays on LaunchPoint

	HR	BP	RR	SpO2	Temp	GCS	ARC	
Heart						14	4	1
Heart							1	7

The numeric and Heart are **RED** for an ARC score >3 (**outside defined critical Limits**)

The numeric is **orange** and Heart grey for an ARC between 1 and 3.

↑ 2	1
ARC Score: 2 (HI) *Modified*	
Critical High: 3	
Status: Modified	
Date/Time: 13/07/21 10:22:00	

### Communication of ARC Score and Clinical Handover

Score is visible on EMR as a “vital sign” on Launchpoint and Tracking List, on the ISBAR handover page under Scales and Assessments

ED Huddles and handovers should include communication of a patient’s **ARC score and Prevention Approach**

Huddles should include security whenever possible

Clinical handovers between areas and wards should include:

- Level of Risk of Aggression (Low, Medium, High)
- Behaviour support plan
- Alert on EMR

**NOTE:** the following activities may also be required, please see appropriate QRGs and TRIAL PROCEDURE DOCUMENTS for reference.

Add a **Clinical Alert** eg: **Safety Aggression/Harm to others**

Document a **Clinician Notification**

Use of **Sedation Protocols**

**Calming Kits** will be available in the ED Department for use